

## Analysis of the Effect of Preschool Dance Teaching on Children's Quality Cultivation Based on Mass Communication

Tan Chun

Shangrao Preschool Education College, Shangrao, Jiangxi, 334000, China

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**Abstract:** As an important branch of art education, dance education has fully demonstrated its unique educational function and function, and has become an important way to implement quality education nowadays. Dance training for young children is a compulsory course for pre-school education. Its main task is to enhance the coordination and flexibility of young children's bodies, and also to train their perception, imagination and creativity, which plays an important role in promoting their whole-body development. As a dance teacher, we should correctly understand the relationship between dance and moral education and aesthetic education, and have a correct view of education. Therefore, the establishment of dance training courses in pre-school education has a positive effect on the cultivation of children's comprehensive ability, and also plays an irreplaceable role in the healthy growth of children. Based on this, the author based on mass communication to analyze the training methods of preschool education professional children's dance teaching ability, and then put forward their own thinking and insights.

### 1. Introduction

Dance teaching, as a compulsory course for preschool children, can not only enhance the flexibility and coordination of children's body, but also promote children's intellectual development and cultivate children's good moral quality and interests. Aesthetic education is an important link in improving the quality of preschool education students. Dance as the Content and Means of Aesthetic Education [1]. Dance is an artistic act expressed through human body movements [2]. Dance training plays an important role in children's intelligence development, sentiment cultivation and physical and mental health development [3]. Therefore, the teaching of preschool education should focus on the control of teaching methods. Preschool education is a very practical subject content, and the teaching of children's dance is a typical representative of it, and it is also the key point and key point in the whole teaching system. 4]. The dance teaching work of preschool education has laid a good foundation for the practice and development of children's dance teaching in the future, and provided the necessary guarantees. The dance teaching of preschool education has many effects on children's dance practice.

### 2. Mass Communication

At present, a prominent feature of mass communication is the wide coverage of the media. First, the coverage of the media has been greatly expanded. This shows that the number of people owning new media is increasing rapidly. Second, the media should be fully functional. The media should not only take on the function of propaganda and reporting, but also fulfill the task of supervision by public opinion. It has dual functions [4]. Media is the medium of information exchange and the carrier of information transmission. Only through certain objects can the transmitted information show its content, and can it be contacted, understood and affected by people. Media communication shows the confusion between non-authentic information and authentic information. This situation is mainly due to the virtuality and flat transmission of the Internet, and has a certain connection with the commercial operation of the media. The media comes into being with the production of material, and becomes various with the development of human society, politics, economy and culture [5].

One is the diversification of media forms. Traditional media mainly include newspapers, magazines, radio and television. Among them, radio is a new media, because the popularity of television is very small, so it is a new emerging media. Users of mass media content. It is an indispensable factor in the process of communication. Without the audience, there is no communication object, communication activities are meaningless, and communication effect is zero.

### **3. Analysis of the Problems in the Training of Children's Dance Teaching Ability in Preschool Education**

#### **3.1 Do not have teaching objectives**

At the current stage of teaching in most higher vocational colleges, there is a lack of clear teaching objectives. Taking dance teaching as an example, the students will pay more attention to the knowledge of students' dance or practical ability, but ignore the setting of dance teaching objectives [6]. In the actual investigation, it was found that some dance teachers have extremely strict requirements on children. Some skillful movements are not possible for children, but they are still required to repeat the practice over and over again, and they do not allow tearful behavior in the classroom. Early childhood education is a basic education, because children have naive, pure nature and great plasticity, so early childhood education is even more important [7]. The teacher's role in teaching is to guide children to dance training. In the process of training, children's movement coordination, flexibility of thinking, unity consciousness and aesthetic ability are cultivated. Only in this way can the future employment of students be ensured to be more smooth. At the same time, through the learning of dance courses, students' interest in learning other subjects can be stimulated, more systematic dance courses can be created, and the learning efficiency of students can be effectively improved.

#### **3.2 The art teaching level is relatively low**

Most of the pre-school education majors in higher vocational colleges will directly ignore the students' dancing level in the enrollment process, which will make many students who lack dancing skills apply for this major. There are even many training institutions that do not have professional dance teachers. They take the children to play games and make them happy in class. After a class, they only teach one or two small movements to cope with the parents' examination of the children after returning home. Preschool education requires students to have a certain dance foundation, which makes this part of higher vocational college preschool education students' artistic foundation unable to meet the teaching needs. Because the dance movement is not in place and the posture is not beautiful, it makes people look unappealing, which is not conducive to the learning of young children, and is not conducive to mobilizing the enthusiasm of young children, let alone shaping the children's soul [8]. Preschool education dance training has a development value for young children. In a sense, it is an important source for cultivating children's cognitive, thinking and aesthetic ability.

#### **3.3 Children's dance creation ability is weak**

Dance teaching needs to undergo artistic literacy training and basic physical training. Only in this way can we have a better level of dance creation. There are more and more dance training institutions in the society. What makes us happy is that dance education is getting more and more attention and children have more opportunities to learn, but because of the influence of traditional education mode and the characteristics and development of children's age There is not enough understanding of the trend, and there is still a certain misunderstanding in the education of children's dance. The teacher's role in teaching is to guide children to dance training. In the process of training, children's movement coordination, flexibility of thinking, unity consciousness and aesthetic ability are cultivated. Dance teaching can not only promote children's physical development, but also improve children's physical quality and immunity through dance exercises [9]. Therefore, low artistic accomplishment and insufficient musical accomplishment are typical

problems that are reflected in the students majoring in pre-school education, which eventually lead to the weak level of dance creation of these students.

#### **4. The Significance of Dance Training in Preschool Education**

Dance training in preschool education is a teaching method aiming at children's nature and aiming at training their aesthetic and imagination abilities. The essence of this teaching method is to provide a platform for children to express themselves freely, and then to develop their moral, intellectual, physical and aesthetic development through the artistic form of dance. For children's dance teaching in the pre-school education stage, children do not have any basic skills in dancing. If dance training can be started from this stage, it can not only help children correct some bad habits. At the same time, the close relationship between dance and other disciplines enriches and develops the expressive force of dance itself. The higher one's dancing attainments, the wider one's rhymes, and the deeper one's knowledge and accomplishment. Secondly, let the children perceive the rhythm and rhythm of the music and strengthen the mastery of the music rhythm; on the basis of the story and music cognition, the introduction of dance training will better cultivate the imagination and innovation of the child's movement ability. The teaching of children's dance is first of all to carry out the education of knowledge. Through teaching children, students can learn the relevant knowledge of dance, which is an integral part of the early childhood education system [10]. As long as children are allowed to maintain a certain level of interest in dance courses, they are willing to learn, have the courage to learn, and love to learn, so that they can fully devote themselves to the practice of dance teaching. Therefore, students can improve their literary accomplishment, art appreciation ability and musical expression to a certain extent through the study of dance.

Dance training plays an important role in preschool education. Preschool dance training for young children can enable children to find fun in life, help children to better integrate into campus life, and cultivate children's aesthetic and temperament of art. It is possible to understand the situation of young children more realistically, and carry out the dance teaching work through reasonable teaching structure, harmonious teaching links, scientific teaching objectives, and rich teaching methods. Engage more children, and indirectly achieve the purpose of improving physical fitness. A good dance work, not only its movements are beautiful, but also its intellectual content must be positive. In the training of children's dance, the children will follow the rhythm of the music to dance, so that the child's physical coordination ability is greatly improved. The dance movements displayed through the combination of children's inner rhythm and body rhythm show rich thoughts and feelings, giving people a beautiful feeling while children's body and mind feel good. This is an ideal aesthetic education form combining inside and outside. After dance teaching, young children dare to challenge themselves in life, stimulate their thinking potential and help them spread their thinking better. In addition, in dance learning, young children will find the gap between themselves and other children, and will train harder and strive to reach the standard, which to a certain extent stimulates the potential of hard work of young children. In short, dance teaching plays a positive role in shaping children's good character.

#### **5. Dance Training in Preschool Education to Foster Children's Comprehensive Ability**

##### **5.1 Physical quality**

In the pre-school education stage, children's physical health is the foundation of all ability training, and this stage is also the key period for children's physical development and growth, and dance training is just in line with the goal of children's physical quality training. Starting from its own characteristics and subject importance, teachers need to carry out special education closely around the special group of young children. However, there are also great differences between young children and young children. Each young child has its own unique aspects, both in terms of external conditions and inner activities. When children are excited, it is more effective to carry out repeated training of dance movements. Children will actively explore and learn to improve their

self-understanding, rather than the process of teachers forcing children to passively accept dance training. It is also very important for the child's personal ability to communicate. When each child grows up with his or her own friends, experience the friendship and emotions from another person. Helps to motivate their potential to interact with others. In this way, through the study of dance, students not only cultivate their own beauty, but also cultivate their temperament. In the dance training, the whole body of the child is put into it. Under the premise of ensuring sufficient nutrition, the body's metabolism is accelerated, and the absorption and accumulation of nutrients are promoted to achieve the purpose of cultivating the child's physical quality.

## **5.2 Perceived ability**

In pre-school education, young children know the world through perception, so the ability to perceive is an important ability for young children to recognize the world. This period is a period in which young children perceive things, and an important period from the transition from image thinking to logical thinking. From the teaching practice, students are encouraged to understand and master the knowledge related to dance teaching, and enhance students' awareness of the importance of this professional knowledge. As a dance teacher, general education cannot be carried out in a uniform manner, and targeted education should be carried out according to the different characteristics of different children to achieve a win-win effect between dance education and quality education. In the teaching activities, on the basis of ensuring that the development of young children is met, through the dance movement, the child's perception ability is improved. Rhythm is an indispensable link in dance. With a good sense of rhythm, it can coordinate body movements very well. In dance teaching, many dance movements need the cooperation of the group, and the communication between the hegemony and the dancing partner, which invisibly strengthens the communication ability of the children to ask. In dance training, we should build a good dance atmosphere, which can make children have a subtle change in the dance atmosphere of perception. Promoting students' artistic accomplishment and dancing accomplishment is conducive to their future work and brings great artistic influence to children.

## **5.3 Hobby**

Children's interests and hobbies are the foundation of preschool education, and interest is also one of the main driving forces for educational activities. When children enter the pre-school stage, they are fresh to the new things around them and full of interest in the contents of pre-school education. Therefore, their verbal expression ability must be concise and accurate, avoiding the use of words that make children misunderstand, which will eventually bring adverse effects on children's learning quality. Moreover, in actual oral expression, teachers also need to use vivid and vivid language or cases to attract the attention of higher vocational students. As dance teachers, we should carry out enlightening education from many aspects and angles. From the moment children step into the dance classroom on the first day, we should instill a concept into children: This is not only our practice room, but also our dance hall. Teachers should be patiently guided and cause children to learn to dance. For this stage of children, there is no dance foundation at all. During this period, children's dance training is very easy to correct their bad habits. They can also attract the attention of young children through the charm of dance and guide them to take the initiative. Learn. For young children, creativity is their unique ability. Young children pass the emotional experience of the music melody. The perfect interpretation of the dance movement is more conducive to the development of children's imagination and creativity.

## **5.4 Imagination and creativity**

The dance itself can provide a vast world of imagination. For young children, dance can bring a lot of imagination. When the child has mastered the rhythm and expressive ability, the dance training process should let go and let the children dance with the music according to their own imagination. In the process of performing dance demonstrations, teachers should express the movements of the dance works through continuous pre-training, and convey the emotional experience to the students. The students will also be more enthusiastic about the teaching content.

Every child dance teacher should love his dance education career, do his duty at work, always treat his work with a high sense of responsibility and exuberant dedication. We must repeat it according to the special characteristics of young children. Think about researching and modifying the action. Teachers can use language to describe, let children imagine themselves, imagine more characteristic dance movements. In choreography, it is difficult to improve children's imagination by avoiding repetitive and mechanical exercises. Although children are at a young age and have a low awareness of art, each child has his own understanding and feeling of the form and connotation of dance. The most efficient dance teaching program should be formulated according to students' cognitive level, growth law, learning needs and so on. Only by choosing the textbooks that are really suitable for children's training, can children be trained scientifically and professionally. Listening to some songs that help children imagine and arrange their own dance movements regularly in dance can not only help children improve their imagination, but also enable them to have self-confidence.

## 6. Conclusions

To sum up, dance training in preschool education plays an important role in the development of children's comprehensive ability. Dance training enables children to learn simple dance skills and dance knowledge in a pleasant environment, which plays an immeasurable role in promoting the development of children's perception, interest, imagination and creativity. Preschool dance education is a vigorous and hopeful undertaking. Its wide dissemination not only has an incalculable positive effect on the diversity of preschool education, but also on the future of dance undertakings. Only in the training stage of kindergarten teachers can colleges and universities pay attention to the training of dance teaching ability and comprehensive ability of pre-school education majors, and carry out creative and practical teaching activities. Only by providing the necessary talent guarantee for the future infant dance teaching practice can we promote the development of preschool education in our country. We need to continuously study and explore, always put children's education in the first place, carry out teaching with children's hearts, perfectly integrate dance education with quality education, find the correct methods suitable for different children, make the soil of children's dance blossom and strive hard to cultivate high-quality successors.

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